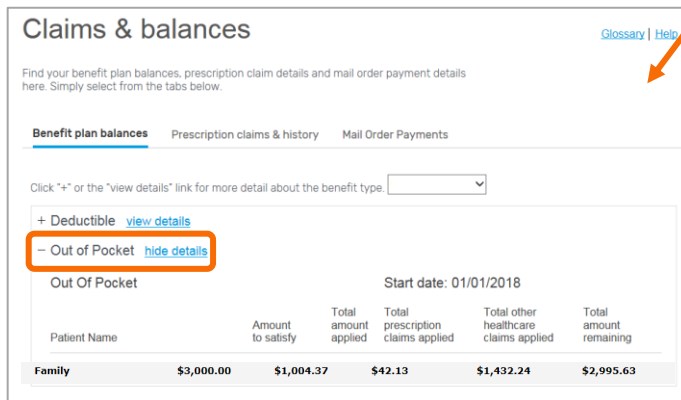
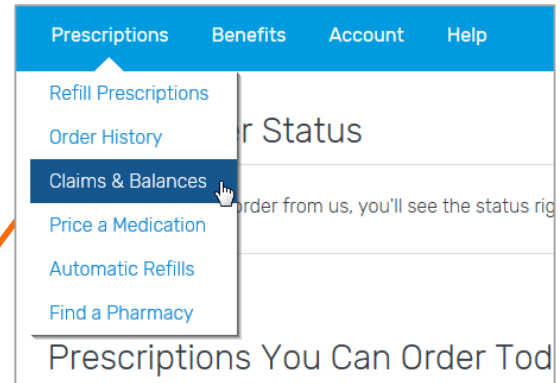


# Tracking Out-of-Pocket Expenses

An out-of-pocket expense counts towards the maximum dollar amount that a covered person must pay during a defined benefit period.

## How can I track my out-of-pocket expenses?

1. Register<sup>1</sup> or login at [express-scripts.com](http://express-scripts.com).
2. Select **"Claims & Balances"** from the menu under **Prescriptions**.
3. On the **Claims & balances** page, **'Benefit plan balances'** tab, click "view details" next to **Out of Pocket** (see below) to display your out-of-pocket expense details to date.



You can view other plan balances, such as Deductible, by clicking 'view details' by each item.

## What are my maximum out-of-pocket expenses this year?

**Benefit Highlights** provides a plan overview, including out-of-pocket expenses, if applicable to your plan. To view, select **"Benefits Overview"** from the menu under **Benefits** (see right).

<sup>1</sup> First-time visitors to the website will need to register using their member ID number or social security number (SSN).

