

MEMBER DISCOUNTS/HIGHMARK/BLUE 365

In order to access member discounts with Highmark/BLUE 365 you will first have to:

- If you have not registered online for Highmark, go to www.highmarkbcbs.com have your Highmark Member ID card available and click register. Complete the steps provided.
- After registering online you will have to log into your Highmark account.
- Click on Member Discounts on the right.
- Click on Blue 365 Discounts.
- You will have to register a second time with Blue 365.
- Then click on whichever discount you are interested in. (After reviewing the website myself, I have found that if you search the many different links you can find online information that may be helpful for wellness but I didn't find too much in the way of local discounts. You can search for local gyms using your zip code. On the left side of the page click on fitness and Pennsylvania for your location.) If you need assistance you can contact Highmark Website representatives or contact Jean at the Trust Office.
- I contacted Highmark and the Blue 365 representatives and the only way to find member discount is by registering with Blue 365 and choosing your state on the left side of the page. They could not provide a list of local businesses, the only way to access member discounts is through the Highmark portal and Blue 365
- If you need further assistance please contact Jean Pizano at jpizano@nepasdht.org.

Frequently Asked Questions



Who are the Blue Cross and/or Blue Shield Companies?

They're a national federation of 36 independent, community-based and locally operated Blue Cross and/or Blue Shield Companies (each, a "Blue Company"), which, all together, provide healthcare benefits for over 105 million members. That's about one in every three Americans.

Want to know more about Blue Companies? We'll share a few fun facts:

- The Blues are the nation's oldest, largest and most recognized family of healthcare benefits companies.
- For the past 80 years, the 36 Blue Companies have provided millions of families with affordable healthcare insurance.
- The Blue Cross and/or Blue Shield System makes the healthcare benefits available in all 50 states, the District of Columbia and Puerto Rico.

What is Blue365?

Blue365[®] is a program sponsored by participating local Blue Companies that helps you stay healthier, for less. Since 2007, Blue365 has offered discounts for members to save on products and services for a well balanced lifestyle. These "Blue365 Deals" (which are different than the healthcare benefits that you have with your local Blue Company) can help you maintain a healthy lifestyle, while spending less at some of your favorite Blue365 Vendors nationwide.

Can anyone participate in Blue365?

Blue365 is currently available to members of many [Participating Blue Companies](#), and we're working to roll out the savings to even more Blue Companies' members. Additionally, Blue365 is available to all members of the Federal Employee Program Service Benefit Plan across the USA.

What deals are available through Blue365?

Blue365 provides members of participating Blue Companies with access to a wide range of savings from top health and wellness brands around the country plus some of your favorite local companies. You'll see weekly "Featured Deals" and long term "Ongoing Deals" on healthy products, along with discounts on health and fitness clubs, weight-loss programs, healthy travel experiences and so much more. We are always looking for new deals that are attractive to our members, so let us know if you'd like to [recommend a deal](#).

Is Blue365 another type of health insurance coverage?

No. Blue365 is separate from the healthcare benefits you receive from your local Blue Company. Living well goes beyond the doctor's office, and Blue365's goal is to help you save on the healthy choices you make every day.

How do I join Blue365?

It is very simple. All you have to do is [register](#) on the website and you are all set to enjoy our great health and wellness Deals!

Does joining Blue365 cost money?

Not at all. Blue365 is free to members of participating Blue Companies. Because of the Blues' buying power, Blue365 can offer access to great savings on a wide range of exciting health and wellness products and experiences. Enjoy!

How can I sign up for Blue365's email list?

Blue365 makes it easy for you to find out about weekly Featured Deals by sending the news right to your email. Our email service is free to members of participating local Blue Companies. If you've already registered on our Blue365 website, then you'll begin receiving emails on Blue365 Deals automatically, unless you decide to opt out. If you haven't registered yet, why not do that today? You can also get emails on upcoming offers before registering, by emailing your request to Blue365 at support@blue365deals.com. So sign up now, and tell your friends who are Blue members!

Does Blue365 get money from Blue365 Vendors or Blue Companies?

Blue365 receives a small administrative fee from participating Blue365 Vendors and participating Blue Companies to help maintain the Blue365 program. These fees help keep Blue365's website up and running and cover the program's internal costs, so the Blue 365 team can keep working hard to secure exciting new Blue365 deals that will keep you healthy and active.

What universal terms apply to Blue365 Deals?

Here are a few general guidelines for enjoying Blue365 Deals:

- They're not valid for cash back.
- They can't be combined with other promotions.
- They must be used in one transaction.
- They don't cover tax or gratuity.

For more details, please check the terms on the page for the deal you are interested in, as well as the [Privacy Policy](#) and [Terms of Use](#) on Blue365's website.

[Back to Top](#)

DEAL CATEGORIES

Financial Health
Fitness
Healthy Eating
Lifestyle
Personal Care
Wellness

HOW IT WORKS

My Account
How it Works
Frequently Asked Questions

Participating Blue Companies

Partner with Blue365

BLUE RESOURCES

Visit BCBS.com

About The Blues®

Employer Solutions

DETAILS

About Blue365

Contact Us

Privacy Policy

Terms of Use

Website Accessibility

Non-Discrimination and Language Assistance

En Español

Disclosure Statement

How It Works



Getting Started:

SIGN UP FOR NO-FUSS EMAILS

Be the first to know about the latest deals to hit Blue365. One email a week, no spam. Simple as that. [Sign up here.](#)

TWO WAYS TO SAVE

Savings are just a few clicks away. Some deals will give you a coupon code instantly on the Blue365 site. This coupon code can be applied directly to a purchase on a vendor's website or will provide a discounted option on a product or service.

Other deals may take you to a vendor's website directly to make a discounted purchase or enroll in a special discounted program instantly.

REGISTER TO WIN

Every month, anyone that registers on the Blue365 site will receive an entry into a drawing for \$25 retail gift card. Tell your friends and family to register, they will have a chance to win big. [Read the Sweepstakes Official Rules PDF.](#)

Not Registered?

Blue365 makes living well more affordable for members of participating Blue companies. Join Blue365 today and start living healthier.

[REGISTER NOW](#)

DEAL CATEGORIES

[Financial Health](#)

[Fitness](#)

[Healthy Eating](#)

[Lifestyle](#)

[Personal Care](#)

[Wellness](#)

HOW IT WORKS

[How it Works](#)

[Frequently Asked Questions](#)

[Participating Blue Companies](#)

[Partner with Blue365](#)

BLUE RESOURCES

[Visit BCBS.com](#)

[About The Blues®](#)

[Employer Solutions](#)

DETAILS

[About Blue365](#)

[Contact Us](#)

[Privacy Policy](#)

[Terms of Use](#)

[Website Accessibility](#)

[Non-Discrimination and Language Assistance](#)

[En Español](#)

[■ Disclosure Statement](#)

FREQUENTLY ASKED QUESTIONS FOR GYMNETWORK 360/GLOBAL FIT

HOW CAN I ENROLL IN A GYM THROUGH GLOBALFIT?

To find a gym that's right for you, simply use our search-by-ZIP option online to view a list of potential fitness centers or call our Philadelphia headquarters toll-free at 1-800-294-1500, option 1. To receive your exclusive discounted rate, your enrollment must be handled directly through Global Fit and not at the gym.

HOW SOON CAN I START GOING TO THE GYM?

Once you have completed your enrollment, you can usually start by 12 p.m. EST the following business day.

CAN ANY OF MY FAMILY MEMBERS JOIN GLOBALFIT?

The Global Fit benefit is extended to immediate family members including your spouse/domestic partner and any dependent children under the age of 23 living at home or in school. The policies at individual gyms may vary. Please contact us at 1-800-294-1500, option 1, for the policy at any particular gym.

WHAT ARE THE MEMBERSHIP OPTIONS?

For most participating gyms, you can choose a Lifestyle Membership, a Commit Membership, or a Non-Commit Membership. The Commit and Lifestyle Memberships offer increased flexibility for those members who are ready to commit to a fit lifestyle. This chart shows a side-by-side comparison:

Membership Options	Lifestyle	Commit	Non-Commit
Term	2 years	1 year	None*
Weekly dues	Vary by gym	Vary by gym	Vary by gym
Billing	Every month	Every month	Every month
One-Time Activation Fee	\$25	\$49	\$99
Gym to Gym Transfer**	√	√	√
Ability to Freeze**	√	√	
Travel Program**	√	√	
Member-to-Member Transfer**	√	√	

*30 days' notice prior to the next billing cycle is required to cancel.

** Not available at all gyms.

For national/regional chains, membership types and options may vary. Additionally, individual gyms may offer different levels of membership based on access to select facilities (i.e. fitness only, fitness plus tennis, etc.). For each of these membership types, you will still have the choice of a Lifestyle, Commit, or a Non-Commit Membership through Global Fit. Either way, your Global Fit membership will provide identical access to one purchased directly from the gym.

CAN ANY OF MY FAMILY MEMBERS JOIN GLOBALFIT?

The Global Fit benefit is extended to immediate family members including your spouse/domestic partner and any dependent children under the age of 23 living at home or in school. The policies at individual gyms may vary. Please contact us at [1.855.394.6161](tel:1.855.394.6161) , option 1, for the policy at any particular gym.

HOW DO I ADD A FAMILY MEMBER TO MY MEMBERSHIP PLAN?

We're more than happy to process your request. Please contact us at [1.800.294.1500](tel:1.800.294.1500) , option 2, and a Customer Service Representative will help you add your family member to your Global Fit account and review the rates and billing schedule with you.

WHY DON'T I SEE A COUPLES OR FAMILY RATE LISTED FOR THE CLUB I AM INTERESTED IN?

Each club determines which membership types they will allow Global Fit to offer at a discount. Not all clubs offer a couple or family rate through Global Fit. If you only see a single rate listed, then that is the discounted membership option available through Global Fit.

WHY CAN'T I SIGN UP FOR THE GYM I WANT WHILE I'M THERE CHECKING IT OUT?

In order to receive your exclusive Global Fit rate, ability to freeze or transfer your Commit or Lifestyle Membership, access to Global Fit's Non-Commit Membership option, or any employer subsidy administered by Global Fit, you must sign up directly through Global Fit and not at the gym.

I AM ALREADY A MEMBER OF A GYM IN THE GLOBALFIT NETWORK. CAN I STILL GET A DISCOUNT?

Participation in Global Fit is for new gym members only. Membership to a gym of which you are now or were recently a member may not be available. Please call [1.800.294.1500](tel:1.800.294.1500) , option 1, and ask a Health Coach for the policy at your gym.

HOW CAN I EDIT MY PERSONAL INFORMATION, VIEW MY PAYMENT HISTORY, AND ACCESS A COPY OF MY GLOBALFIT AGREEMENT?

After signing into www.globalfit.com, click on the “Manage My Account” option. From this screen, you can edit your address, email, and payment method. You can also view and print your payment history. Additionally, you can view and print any documents, like your contract, that are associated with your membership.

I WANT TO TAKE ADVANTAGE OF JOINING A GYM AND JOINING A WEIGHT LOSS PROGRAM THROUGH GLOBALFIT. HOW DO I DO THAT?

Exercise and healthy eating are the perfect combo for improved health and fitness. You can purchase a gym membership and join a weight loss program for exclusive rates through Global Fit. To do so, you will need to make two separate transactions on our site. Purchase your gym membership and then go right back to shopping for a weight loss program that's the perfect fit for you.

WHAT ARE THE COSTS?

Dues – The amount of your dues depends on the gym you choose to join. You can get information on dues, locations, and hours of operation via the online search engine at www.globalfit.com or by calling [1.800.294.1500](tel:1.800.294.1500) , option 1.

Activation Fee – This one-time fee activates your service with Global Fit and secures your discounted rate for a gym membership.

Global Fit Processing Fee – This one-time, non-refundable processing fee is added to all purchases from Global Fit.

WHY DID I GET CHARGED MORE THAN ONE PROCESSING FEE?

For some clubs, Global Fit also charges for a club access key. Our system displays this cost as a processing fee so you may see two processing fees listed, but one is the Global Fit Processing Fee and the other is this club access key fee.

ARE THERE ANY OTHER ADDITIONAL COSTS THAT ARE CLUB SPECIFIC?

Some clubs charge an assessment fee prior to a membership beginning. Additionally, some clubs charge an annual maintenance fee, usually about \$25-\$49, that is payable directly to the club.

DO INSURANCE COMPANIES REIMBURSE ME FOR BELONGING TO A GYM?

All insurance companies set their own policies. You must call your insurance provider and inquire directly with them.

HOW DO I PAY FOR MY GLOBALFIT MEMBERSHIP?

Most billing is done electronically through Global Fit, with the exception of select facilities. Charges can be made to a major credit card, or for select gyms, to your checking or savings account. Please note that the Global Fit website only accepts credit cards.

CAN I ENROLL IN THE PROGRAM IF I DON'T HAVE A CREDIT CARD OR BANK ACCOUNT?

No. Like most gyms, all billing is done electronically. If you currently don't have an account, you may want to consider opening a small bank account just for your Global Fit membership.

WHAT CREDIT CARDS DOES GLOBALFIT ACCEPT?

Global Fit accepts Visa, MasterCard, American Express, and Discover.

FAQs

MEMBERSHIP

HOW DO I GET STARTED?

HOW CAN I ENROLL IN A GYM THROUGH GLOBALFIT?

HOW SOON CAN I START GOING TO THE GYM?

WHAT ARE THE MEMBERSHIP OPTIONS?

CAN ANY OF MY FAMILY MEMBERS JOIN GLOBALFIT?

HOW DO I ADD A FAMILY MEMBER TO MY MEMBERSHIP PLAN?

WHY DON'T I SEE A COUPLES OR FAMILY RATE LISTED FOR THE CLUB I AM INTERESTED IN?

WHY CAN'T I SIGN UP FOR THE GYM I WANT WHILE I'M THERE CHECKING IT OUT?

I AM ALREADY A MEMBER OF A GYM IN THE GLOBALFIT NETWORK. CAN I STILL GET A DISCOUNT?

HOW CAN I EDIT MY PERSONAL INFORMATION, VIEW MY PAYMENT HISTORY, AND ACCESS A COPY OF MY GLOBALFIT AGREEMENT?

I WANT TO TAKE ADVANTAGE OF JOINING A GYM AND JOINING A WEIGHT LOSS PROGRAM THROUGH GLOBALFIT. HOW DO I DO THAT?

PRICING

WHAT ARE THE COSTS?

WHY DID I GET CHARGED MORE THAN ONE PROCESSING FEE?

ARE THERE ANY OTHER ADDITIONAL COSTS THAT ARE CLUB SPECIFIC?

DO INSURANCE COMPANIES REIMBURSE ME FOR BELONGING TO A GYM?

HOW DO I PAY FOR MY GLOBALFIT MEMBERSHIP?

CAN I ENROLL IN THE PROGRAM IF I DON'T HAVE A CREDIT CARD OR BANK ACCOUNT?

WHAT CREDIT CARDS DOES GLOBALFIT ACCEPT?

WHAT HAPPENS IF MY PAYMENT RETURNS?

In the event that your payment returns, you will be contacted via email to let you know that there was a return. You will also be advised that if two consecutive billing cycles return, \$30 in returned payment fees will be assessed. To avoid these fees, you should call Global Fit as soon as the returned payment email is received so that the billing can be resolved and so that fees can be avoided.

WHERE IS THE CLOSEST GLOBALFIT GYM IN MY AREA?

Global Fit's online search engine lets you find participating Global Fit gyms near your zip code. You can also call [1.800.294.1500](tel:1.800.294.1500), option 1, and speak with a Health Coach to see what is available in your area.

WHAT IF THERE ARE NO PARTICIPATING GYMS IN MY AREA THAT I WANT TO JOIN?

If you aren't ready to commit to a gym in your area just yet, Global Fit offers convenient, affordable options for at-home fitness like Zumba® DVDs and Group Fitness on Demand Powered by Les Mills.

Also, keep in mind that Global Fit is continually adding new locations and gym partners to the network. Be sure to register to activate your Global Fit benefit to receive email alerts when a new gym has been added in your area.

IF I JOIN ONE OF GLOBALFIT'S PARTICIPATING GYMS, CAN I USE ANY OTHER GYM IN THE NETWORK?

When you join a gym through Global Fit, you have access to that one facility. However, some gyms offer regional and/or national membership options that let you use select gyms within that chain.

If you have a Commit or Lifestyle Membership, you may also use participating Global Fit gyms up to five times per month while traveling more than 50 miles from your primary gym. A guest fee may be required in this situation.

WHY CAN'T I FIND THE CLUB I AM INTERESTED IN ON YOUR WEBSITE?

Global Fit would love to offer discounted rates to all clubs nationwide, however the Global Fit Gym Network is a voluntary program and some clubs choose to not participate. If you have a particular club in mind that you would like to join the network, please advise the owner/manager to contact us or go to www.globalfit.com and our club team will love to work on adding them to the network. You may also want to continue to check the Global Fit website periodically as we are always adding clubs to the network.

WHAT HAPPENS TO MY MEMBERSHIP IF I MOVE?

If you are still in your initial commitment period and there is a comparable club within 10 miles of your new location, you have the option of transferring your membership there. Note that if you choose to transfer, new club rates apply. If you choose not to transfer due to your change of permanent residence that is more than 10 miles from your club, you must contact Global Fit at [1.800.294.1500](tel:1.800.294.1500) , option 2 and speak with a Global Fit representative to request cancellation and submit proof of your new residence. (This excludes paid-in-full memberships as those membership dues are paid up front for the year.)

If you have fulfilled your minimum commitment and are in a month-to-month contract or purchased a Non-Commit Membership, you can request cancellation by contacting Global Fit at [1.800.294.1500](tel:1.800.294.1500) , option 2 in order to give 30 days' notice prior to the next billing transmission date.

CAN I CANCEL ANYTIME?

If you are in a month-to-month contract, Global Fit simply asks that you call [1.800.294.1500](tel:1.800.294.1500) , option 2, to request cancellation by giving 30 days' notice prior to your next billing transmission date.

If you have made a commitment to a fit lifestyle through Global Fit's Commit or Lifestyle Memberships, you may not cancel until you have fulfilled the minimum term except in very limited circumstances, such as physical relocation or a permanent disability that would keep you from exercising. Proof of move is required to process a move cancellation. A physician's note confirming a permanent disability that prohibits exercise is required to process a medical cancellation.

SHOULD I CALL GLOBALFIT OR MY GYM DIRECTLY TO CANCEL?

All requests, including a request to cancel, must be done through Global Fit and not at the fitness center. You can initiate a cancellation request by calling Global Fit at [1.800.294.1500](tel:1.800.294.1500) , option 2.

HOW DO I REQUEST A MEMBERSHIP FREEZE?

Personal Freeze:

A personal freeze stops the membership billing for personal reasons such as long vacations, busy work schedules, etc. **Personal freezes must be for at least one month and not more than three months, for each calendar year of membership.**

For members who enrolled before February 26, 2016:

- Members must pay a \$15 freeze fee to activate the billing freeze.
- The number of months in the freeze period extends the membership end date by that same period.
- Customers have up until the 18th of the month to request a billing freeze for the upcoming month. Any requests submitted after the 18th, will not take effect until the end of the following month.
- A personal freeze always starts on the first of the month and ends on the last day of a month.

Members who enrolled on or after February 26, 2016:

- Members must pay a \$15 freeze fee to activate the billing freeze.
- The number of months in the freeze period extends the membership end date by that same period.
- Members must request the billing freeze at least 30 days before the next billing cycle. Global Fit bills members for monthly dues electronically on the 23rd of each month, for club access in the following month.
- Freeze requests submitted less than 30 days before the next billing cycle will take effect in the following month. For example, a member who wishes to freeze their membership for the period of June 1 - June 30, would need to submit the request on or before April 23rd to freeze the May 23rd billing (for June dues).
- A personal freeze always starts on the first of the month and ends on the last day of a month.

CAN I ENROLL IN SILVER SNEAKERS THROUGH GLOBALFIT?

The Silver Sneakers® Fitness Program is an exercise and wellness program for older adults that some insurance carriers offer. Global Fit does not offer Silver Sneakers directly to consumers. Please contact your insurer to determine if you have access to Silver Sneakers. If your insurer refers you directly to Global Fit, that means you are not eligible to participate in the Silver Sneakers program.

WHAT IS HEALTH COACHING (ALSO KNOWN AS HEALTHY CHANGES OR HEALTHYSTART)?

This program gives you unlimited one-on-one phone and/or email access to a coach, a health professional dedicated to providing you with support, motivation, and assistance in making healthy lifestyle decisions. All coaches are specially trained to help busy employees overcome obstacles to customize a realistic fitness plan. Best of all, you can participate from the comfort of your own home.

The program pricing is specific to your company. Please log in at www.globalfit.com to view the price. Coaches are available Monday through Friday, 9 a.m. to 9 p.m. EST.

DOES GLOBALFIT OFFER ANY WEIGHT LOSS PROGRAMS?

Global Fit is excited to offer Jenny Craig, Nutrisystem, and Diet-to-Go, as our meal delivery weight loss solutions. Global Fit also offers Kurbo, an online weight loss program designed for kids, teens, and families, using a mobile application. Lastly, Global Fit offers ManUp, a weight loss program for men, and PowerUp, a weight loss program for women, as additional weight management programs for members.